

Waltz Progressive

			Man's		Lady's	
Phase	Time	R&F	Foot Details		Foot Details	
1st Half	1	Prep	L	Forward	R	Back
	2	Rise	R	Side	L	Side
	3	Fall	L	Together	R	Together
2nd Half	1	Prep	R	Forward	L	Back
	2	Rise	L	Side	R	Side
	3	Fall	R	Together	L	Together

Waltz Right Turning Box

			Man's		Lady's	
Phase	Time	R&F	Foot Details		Foot Details	
1st Half	1	Prep	R	Forward (pivot right ~1/8 turn)	L	Back (pivot right ~1/8 turn)
	2	Rise	L	Side	R	Side
	3	Fall	R	Together	L	Together
2nd Half	1	Prep	L	Back (pivot right ~1/8 turn)	R	Forward (pivot right ~1/8 turn)
	2	Rise	R	Side	L	Side
	3	Fall	L	Together	R	Together

Waltz Link to Right

			Man's		Lady's	
Phase	Time	R&F	Foot Details		Foot Details	
Link to Right	1	Prep	L	Forward	R	Back
	2	Rise	R	Side	L	Side
	3	Fall	L	Together	R	Together

Waltz Link to Left

			Man's		Lady's	
Phase	Time	R&F	Foot Details		Foot Details	
Link to Left	1	Prep	R	Forward	L	Back
	2	Rise	L	Side	R	Side
	3	Fall	R	Together	L	Together